



Hugs & Kisses

-2021-

-Teddies Class-



Welcome to our Teddies class!

Teaching the Teddies children this year are Tebogo Tsamai (teacher), supported by Olinda Makuyana and Sharon Mlambo

Our class will be packed with lots of fun for all. New and exciting themes, creative activities and lots more learning fun.

The Teddies Daily routine:

07:30 – 08:00	Arrival and Free play inside
08:00 – 08:20	Tidy up and Breakfast
08:20 – 08:30	Bathroom routine
08:30 – 08:45	Ring time
08:45 – 09:15	Free play outside
09:15 – 09:30	Bathroom routine
09:30 – 10:00	Art
10:00 – 10:15	Snack and bathroom routine
10:15 – 11:00	Fine motor/Gross motor
11:00 – 11:20	Free play inside
11:20 – 11:30	Bathroom routine
11:30 – 12:00	Lunch and bathroom routine
12:00 – 12:10	Story
12:10 – 14:30	Nap time
14:30 – 14:50	Free play inside
14:50 – 15:15	Bathroom routine and Snack
15:15 – Home	Free play outside

- In the morning, please say your good-byes to your child at the gate, do not linger, promise to pick them up in the afternoon, and then be on your way. This will leave your child with a positive image of your attitude towards school. As a result, your child will settle in more quickly.
- *Please advise us if your child has any allergies and/or dietary restrictions.*
- Breakfast is followed by our toilet routine where the children's hands and faces are wiped clean, nappies are changed and those children who are being toilet trained go to the bathroom.
- The learning activities commence at 08:40. These "ring" times comprise of singing songs related to our weekly theme, story time, learning about aspects related to the week's theme, counting, and reinforcing basic concepts such as shapes and colours. A monthly calendar of activities will be emailed out at the beginning of each month. If you do not receive this email, please check your spam folder, and failing that please send an email to sue@hugsandkisses.co.za to let Lenise know you have not received the month's activities.
- **** No toys** are allowed to be brought to school
- **** To avoid disrupting ring time, please only call to speak to me between 07:00 and 08:00 or after 10:00.**
- We have a table set out for the art activity, along with three other tables with side activities (Lego, puzzles, playdough, threading, cutting etc.).
- Outside play is usually where the little ones use up their energy. The large wooden jungle gym enables the children to enhance their gross motor skills and enjoy a variety of climbing and balancing skills.
- Lunch time is followed by bathroom time in preparation for the children's midday nap. Each child has their own mattress, which is laid out on the floor in the classroom.
- Afternoons comprise of free play outside, which also includes story time and dancing in the garden.

Half day ends at 14:00

(30-minute grace period before register is taken at 14:30)

Full day ends at 16:30

Please do not be late picking up your little ones at the close of the school day. *The Hugs & Kisses' staff have to sanitize and clean the school before they can go home, they also have families to go home to.*

- If it is your child's birthday, please talk to me regarding what you would like to bring for his/her birthday ring.. No parents are allowed to attend the birthday ring.
- On the occasion of your child's birthday we request that you participate in the Hugs & Kisses tradition of donating an age appropriate book to your child's group. Your child's teacher will put a certificate in the front of the book detailing by whom the book was donated and will read the book to the class. The book will be kept in your child's class for all future children at Hugs & Kisses to enjoy.

Please can you supply the following items, in a zip-lock bag
to be left at Hugs & Kisses,
all clearly marked with your child's name:

- Sunblock (new, sealed container)
- Wide brim hat with a visor
*** Hats must fit properly and provide adequate protection from the sun (covering all areas of the face, neck and ears – NO CAPS)*
- Wet wipes (for nappy changes)
- *If necessary - additional bum cream, in a sealed container (we supply Dischem Baby Bum Cream & Vaseline)*
- A water bottle (*with a sports top*)
- A warm blanket for nap time (*in winter only*)
- A sealed bag of disposable nappies. We will inform you when you should send in a new bag of nappies
- A change of clothing

PLEASE NOTE: All your child's belongings need to be **clearly marked**. Many of the children have similar items brought from chain stores such as Woolworths, which makes differentiating between the children's belongings difficult for the staff.

Toilet training:

- At Hugs & Kisses we require that children who are being toilet trained wear Pull Ups.
- Please NO underwear (only Pull Ups) while your child is being toilet trained.
- It is important that your child's wardrobe is appropriate for toilet training. Simple clothes are a must as your child needs to be able to undress him/herself before and after sitting on the toilet.
- Therefore, during the toilet training process, we request you do not dress your child in dungarees, onesies, or tight fitting shorts or jeans.

Collection:

For security reasons, please advise us if your child is to be collected by someone other than his/her parents.

Medication:

Medicines will be administered provided we receive a signed Medication Authorisation form. The Medication Authorisation form can be found on our website. Please download and complete. Email to Lenise at sue@hugsandkisses.co.za or alternatively place in a ziplock bag and hand to me at drop off. We also ask that parents act responsibly regarding sick children. It is necessary that parents arrange back-up support to look after your child if he / she becomes ill and is sent home.

I hope you and your child have a wonderful year with us!

Tebogo, Olinda and Lydiah

September 2021